

HEATHERTON RISK ASSESSMENT

REVIEWED: 12TH JANUARY 2005

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FACILITIES AND ACTIVITIES

VISITORS

Car Park

The car park is spacious and well laid out. The addition of a new car park to include provision for coaches has enhanced this.

Disclaimer notices are placed in the car parks explaining that management accept no responsibility for any damage/theft from vehicles.

Access and Accommodation Facilities.

Wheelchair and pushchair access around the park has been improved and is a major concern when planning new facilities.

INTERNAL SOFT-PLAY AREA

A section of the main building at Heatherton is used as a Soft Play Area. A certificate of registration under the children's Act 1989 and a set of rules are displayed in the lobby. The area is fitted with a security system and tagging devices are fitted to each child to ensure that they cannot leave the area undetected. The fire doors are alarmed for the same reason.

The area is supervised at all times and the management insists that children are accompanied by their parents / guardians whilst in the area. The soft play area comprises various pieces of climbing activity equipment with a ball pit. An under 3's area is provided. There is a TV and video viewing area.

Electric sockets are fitted with child – proof covers and the socket for the TV / video is located at a high level.

All items of play equipment, including ropes, are inspected annually. Staff carry out weekly checks on all items of play equipment using a checklist and this includes cleaning checks. The park manager carries out inspections, this insures that the inspections are systematic and thorough.

Vertical supports and all items of play equipment are clad in rubberised foam.

RISK PREVENTION

Children bumping into each other Rules should be enforced and the deliberate throwing of balls should be discouraged.

Falling / slipping over Daily monitoring of ball pit, to ensure all foreign objects are removed and reduce potential breeding of bacteria etc.

Trip hazards from ball pool Fire escape routes are provided

and kept clear.

Children lying unnoticed in ball pool Staff and parental supervision.

The building is in good condition and does not present an undue hazard.

The structure of the activity is fitted with padded foam and there is a cushioned floor surface.

The equipment is in good order.

ARCHERY

Description

The event is staged outdoors in a purpose built compound.

Up to ten participants can fire at any one time, with a minimum of two members of staff in attendance, one being an instructor.

The number of instructors varies according to attendance numbers and the need of the group

The ADULTS fire up to 18m, children shoot at a distance of 10m using different equipment.

Children must be at least six years old although the physical size and strength of the child will determine whether they can handle the equipment.

Back and side nets are erected to control any arrows that miss the butts, and any Danger areas, where arrows could potentially pass / fall are cordoned off. All persons, including staff, are instructed to keep away from such areas. No access is allowed in front of the firing line. The maximum number of participants in any group is ten.

Staff collect arrows once the event has finished and bows have been remounted on their stands.

Event rules are clearly displayed.

Machinery / Equipment Provided

As well as bows and arrows, forearm protectors are available.

All equipment is removed and stored in a secure building at night.

Personal Protective Equipment

Forearm guards provided if requested.

Safety Rules Communicated To Participants

As with all activities, the participants are given a full verbal safety briefing before the activity, and all participants are given adequate training and supervision before any arrows are fired. The safety brief can last anything between 5 to 15 minutes, according to the individual and group requirements. Firing areas are defined, and no access is permitted within here, other than to the person firing, to prevent injury to others standing nearby.

There are no activities taking place on the area of land directly behind the targets.

ARCHERY

CUSTOMERS AND STAFF

RISK PREVENTION

Hit by arrow Training and supervision

Bruising to forearm Instruction and protectors

Hit by broken bow Regular checks of equipment

Poked by arrow Marked firing zone

Regular maintenance of equipment

Improper use of equipment

? The most common accident is bruising to the forearm caused by the string of the bow coming in contact with the arm. This is caused by customers not following instructions properly, or not fully understanding the supervisor's instructions.

A COMPREHENSIVE SET OF INSTRUCTIONS HAS NOW BEEN POSITIONED IN FULL VIEW OF ALL PARTICIPANTS AND STATES THAT IF THEY DO CATCH THEIR ARM, NOT TO FIRE ANOTHER ARROW BEFORE SEEKING FURTHER ADVICE FROM AN INSTRUCTOR.

STAFF

Falling on arrow when collecting Training

Poked in eye when collecting No running, correct handling of equipment, PPE.

Injury through lack of concentration Rotation of work

LASER CLAY SHOOTING

Description

Laser clay shooting is a simulated high tech shooting system, played with shotguns, which emit an infrared pulse, which acts similar to a traditional cartridge. Clays are thrown from a traditional trap, and as the guns are fired, sound simulation creates the 'bang' effect, with a lit scoreboard displaying the score.

The minimum age for this event is six years, depending on size, as there is no kick back from the guns. The maximum number of participants is five. The member of staff who operates the trap also supervises this event.

Event rules are clearly displayed.

Machinery / Equipment Provided

The guns used for this activity are purpose made and are powered by batteries, 4 x AA.

There are two Farey clay traps of a traditional design, one is always kept as back up in case any problems arise.

All equipment, other than the trap, is taken to the main building for storage overnight.

At night the trap is covered.

Trap is secured to seating platform.

Personal Protective equipment

No personal protective equipment is mandatory for this event, or considered essential, although general overalls and other items of equipment are available if a customer requests them. The noise emitted from the guns is not significant, and any dangerous areas, notably where the clays are released or may fall, are cordoned off with a fence to 2' to prevent access.

Safety Rules Communicated to Participants

All participants and spectators are informed of the rules of the game during a 2 – 5 minute safety brief, and instructed not to enter any of the danger areas, marked out as above.

LASER CLAY SHOOTING

CUSTOMERS AND STAFF

RISK PREVENTION

Struck by clay Supervision / Staff training

Hit by Gun Full instruction

Trapped fingers in Gun Marked off firing area

Struck by trap High maintenance of equipment

Struck by golf ball Competent staff

Netting

Clays get blown of course Constant monitoring of trap, and angle of fire.

Extra training has been placed on the need of instructors to take into account weather conditions when operating the trap and the fact that they may need to adjust the clay dispenser in light of windy / inclement weather.

BUMPER BOATS

Participants sit in petrol or battery driven bumper boats located on a small man made pond and control the speed and direction of the boat, which comprises a plastic seating area within a large inflated ring.

The waiting participants queue from the gate leading to the jetty adjoining the pond. The jetty is provided with handrails.

When a boat becomes available the next set of participants are brought onto the jetty.

A safety briefing is given to all participants.

The jetty features safety rails to prevent participant from falling in.

However, as access is required along the jetty to access the boats, fencing would be impractical and would hinder boarding and unboarding procedures. A non-slip surface is provided along the whole of the wooden platform.

The majority of the pond is 4' deep and is supplied with water from a spring and a borehole. A filter is fitted to the water feed pipe. Water overflows to the main drains. A life ring and pole are available. In the event of someone falling into the pond staff would wade to anyone who was in difficulty. First Aiders are at hand.

Life jackets are available for participants to use and a sign is displayed recommending that these are worn. Children are advised to wear life jackets.

Although the boats are propelled by petrol or battery driven motors and propellers, no machinery is exposed.

CUSTOMERS AND STAFF

RISK PREVENTION

Slipping Non slip flooring

Drowning Life jackets / life aids / instructors

Oil / Petrol spillage Regular maintenance / checks

Cuts, caused by moving of engine Only one adult per boat, keep legs to one side, instruction

Inhalation of petrol / oil fumes Safety procedures

Hit by golf ball Safety netting

Well's disease Wash hands regularly / No eating

? For 2006 a new loading and unloading bay has been created to increase safety at this point, also an improved filter system has been installed to try to improve the visibility and quality of the water, and all the vegetation on the island has been cleared to increase visibility.

? Lifejackets should only be issued if they fit properly.

BASEBALL

The baseball area is located at the rear of the main building, adjacent to the go-kart track. The area is totally enclosed with netting. There are 6 individual bays located opposite a central automated ball loading / bowling area. Doors are fitted to each bay. The floor slopes to the central ball collection point to enable the balls to roll down to the collection point from where they travel up an elevator into the bowling machines.

Players can participate in softball or baseball. The players are provided with gloves and a helmet, which incorporates a face shield. A safety brief and full instruction lasting from 1 to 5 minutes, depending on the player(s), is given before any machine is switched on. Fast – slow bowling speeds can be selected according to the participant's age and ability. Signs are displayed detailing rules of play and safety measures.

CUSTOMERS AND STAFF

RISK PREVENTION

Hit by ball / bat Safety equipment / PPE

Instruction and Safety rules

Correct selection of baseball or softball

Correct speed selection

Staff training

Safety procedures

Use of common sense

Locking device on all cages

Over ride system

Advanced knowledge

Hit by golf ball Netting

? The main risk to customers is being hitting on the hand by the ball, although through instruction and the wearing of gloves this has decreased the number of incidents, we have now reduced the speeds of all the baseball cages to 30 – 50mph. We do not believe that this will prevent all accidents, but the risk of injury has been decreased.

STAFF

Hit by ball PPE must be worn when entering range

Trapped hands No maintenance to be carried out unless power has been isolated, proper PPE is being worn, suitable equipment is being used.

Electric shock Regular maintenance checks by a competent person.

PISTOL SHOOTING

Up to fifteen people are allowed on the activity at any one time, although this is reduced to ten if there is only one member of staff present or if the majority of the customers are small children and no help is available from parents/ guardians.

Each pistol fires one 1.7mm flat-ended pellet at a time.

All participants are given eye protection.

A large Perspex screen protects those waiting for a go from those customers already on the range.

Extra padding has been placed around the targets and one section of padding hangs loose to absorb the impact of the pellets as opposed to giving them the momentum to return to the area where the participants stand.

Guns and pellets are stored in a locked box in a secure building at night.

Each participant has their own bay, different heights are available.

Event rules are clearly displayed.

Machinery / Equipment Provided

The pistols used for this activity are purpose made and checked regularly for safety.

Personal Protective Equipment Provided

Shooting glasses are provided for all customers.

Safety Rules Communicated to Participants

All Participants and spectators are informed of the rules of the activity during a 5 – 10 minute safety brief.

PISTOL RANGE

CUSTOMERS AND STAFF

RISK PREVENTION

Shot by pellet PPE

Strict rules

Individual bays

Trapping of fingers / skin Instruction / supervision

Flat-ended pellets

Bounce Back Low velocity pistols

Sufficient padding

Perspex divide

Poisoning Wash hands after use

Careful disposal of spent pellets

Regular disposal of spent pellets

No eating or drinking

Customers and especially staff need to be extra aware of the possible risk of lead contamination from the handling of pellets. Extra notices have been placed in the area and staff training reviewed to emphasis this point and the need to wash hands before eating or drinking.

Disposable gloves are also available for staff to use.

DRIVING RANGE

Heatherton has a floodlit golf driving range.

Netting of various heights surrounds the site.

Strict safety rules are visible displayed and rigidly enforced.

Balls are collected mechanically only when the area is not in use. Balls are usually collected before 10am as play starts at 10am. Should the supply of balls run out, play would be suspended until the balls are collected.

There are individual bays provided. The bays are adequately screened to a height of 4' to prevent users being hit by a ball from adjacent bays.

Lighting in the area is fitted with covers.

CUSTOMERS AND STAFF

RISK PREVENTION

Hit by club Strict rules

Hit by ball Screening / safety netting

Restriction of clubs

We no longer supply woods

Supervision

CCTV STAFF

**Abusive language / behaviour CCTV
Staff training**

In order to reduce the risk of miss-use of this facility, the only clubs provided by us are irons.

This facility is no longer available on a credit system, anybody wishing to participate must put money in the ball vending machine.

A lot of balls are picked up by crows, which mistake them for eggs and drop them around the park and on the road in order to try and break them. A solution to this problem has not yet been found.

PIRATES OF THE CARIBBEAN ADVENTURE GOLF

An adventure golf area has been constructed by Sportex a Canadian company. It consists of an 18 hole putting course with a pirates theme running through it.

The course is set around a water feature with concrete paths, gravelled areas and borders. The putting surfaces are made of an asphalt material. Access to the area is by token operated turnstile.

All participants are given a scorecard which also contains the rules and regulations.

CUSTOMERS AND STAFF

RISK PREVENTION

Hit by ball Rules

Supervision

Hit by club Appropriate signs

Tripping Hazard signs

Regular maintenance / safety checks

Drowning Life aids

An adult must accompany all children

Splinters Regular checks

STAFF

Electric shock No maintenance to be carried out unless proper training has been given or authorisation has been granted by management or qualified person.

Trapped hands / body parts All power supplies to be isolated before any work is carried out.

Poisoning Use of chemicals is restricted to qualified personnel only.

A review of access to the water features has been carried out and extra barriers erected to try and

Prevent access to these areas. Extra signs have been erected warning of the danger and all children

Under 12 are expected to be supervised by an adult.

18 HOLE PAR 3 GOLF COURSE

Description

Heatherton has an 18-hole par 3 golf course.

Equipment can be supplied, this consists of 1 iron club and 1 putter per player.

There are no holes on the course where it is not possible to see the tee / final shot, although visibility

is partially restricted on the 10th hole but the visibility does allow anyone at the tee to see if there are players or staff on the green.

When possible staff avoids working on the course during busy periods and the bulk of the work

is carried out in the autumn or early morning.

CUSTOMERS AND STAFF

RISK PREVENTION

Hit by ball Design of course

Planting of trees / bushes

Hit by club Obeying of rules

Rules and regulations given to all players

Car hit by ball Customer aware they are responsible for where the ball ends up.

Slipping / falling over
off mats provided

Winter / Summer tee

Steps to all raised tees

Appropriate signs

Caged tee off where

required

Regular maintenance

Spot checks

GO – KARTS

Description

Go – Karting is a non contact form of motorsport, with drivers racing karts around a tarmac track, provided with tyres at certain points, to act as safety walls / crash barriers.

There are 12 senior karts and 16 junior karts provided.

The speed of the karts is restricted according to the age and size of the participant.

Rules are clearly displayed.

A maximum of 10 seniors are allowed on the track at any one time. A maximum of 12 juniors are allowed on the track at any one time. Senior and junior events are never mixed. A minimum age requirement of 14yrs old for seniors and 6yrs old for juniors. Participants must also be able to reach the pedals.

Separate junior and senior pits are provided.

The event is closely supervised by employees acting as marshals.

During peak times a minimum of 3 supervisors are present at all times.

Flags are used to communicate with the drivers and other marshals, and to control the activity. Flags, for example, would be used to suspend drivers who undertake deliberate contact with another vehicle, or who

fail to wear protective equipment correctly.

In addition, all junior kart pedals are colour coded and staff can shout to the driver to slow down using the colour code and flags. It is also possible to reach over and switch off the junior karts if the driver is deemed out of control / or ignoring instructions given by the marshall.

Machinery / Equipment Provided

All participants are given full instruction on the safe operation of the karts.

All the vehicles are checked after and before each event, and the condition of the track and its tyre walls are monitored before the race starts. The condition of the track is also continuously monitored throughout each race, and racing would be suspended in the event that any obstacles were deemed to be unsafe and needed to be removed. Employees would not enter any part of the course unless racing had been suspended or it was considered safe to do so.

The Go – Karts are purpose designed vehicles built for this type of activity.

The kart brakes and tyres are checked daily and are maintained by the business on a regular basis.

The track is kept in good condition and regularly maintained.

Personal Protective Equipment Provided

All drivers are provided with overalls and a crash helmet, which are mandatory when driving. Helmets are replaced annually and comply with BS 6658:1985.

Marshals check that all drivers are wearing appropriate PPE, including checking that crash helmets fit properly and are securely fastened, before any racing commences.

Safety Rules Communicated to Participants

In addition to the general rules applicable to all events (e.g. wearing of PPE and obeying all instructions of marshals), rules specific to karting, which are clearly communicated to all drivers, are:-

No intentional contact is allowed.

Any drivers considered to be driving dangerously or without consideration for marshals, other drivers or spectators will be eliminated from the race.

If an accident / crash occurs, stay in the vehicle, with harness if supplied and all PPE on, until a marshal arrives and advises you otherwise.

Do not wander around the circuit.

All spectators must remain in the 'safe area' designated.

Participants are explained the meaning of the various coloured flags, and the importance of reacting to them, e.g. Red Flag = STOP racing as quickly and safely as possible, and look to marshals for further instructions.

No entry is allowed into the pit lane unless karts have been stopped and the engines turned off, or otherwise directed by a marshal.

No contact should be made with any potentially hot parts of the kart, e.g. exhaust manifold.

Warning signs are displayed on the track, noting "Motor Sport can be Dangerous – Despite the organisers taking all reasonable precautions, unavoidable accidents can happen. In respect of these, you are present

at your own risk.”

GO - KARTS

CUSTOMERS AND STAFF

RISK PREVENTION

Impact injury due to users striking Safety talk

part of their kart, collisions with objects

intruding, objects thrown up from the course, Guidance signs

karts overturning, collisions between karts

and ejection from the kart. Issue of PPE

Entanglement of hair, loose clothing, body Marshals

parts, etc in moving transmission machinery,

engine cooling fans and brake discs. Use of flags

Burns from fuel fires, contact with hot engine

parts and friction. Safety barriers / netting

Exposure to chemicals, including inhalation All customers are told to tie

hair up

of petrol and exhaust fumes.

Hit by golf ball.

STAFF

A risk of staff sustaining injury by jumping Training

over karts and barriers, back injuries through

manhandling karts and general wear and tear Job rotation

on limbs caused by moving the equipment.

Suitable footwear

No jumping off or over anything

Manual handling rules to be followed at

all times

YOUNG / IMMATURE MEMBERS OF STAFF

Increased risk of injury due to:

Lack of experience On going training

Less awareness / realisation of danger Increased monitoring

Lack of concentration and commonsense Supervision

Job rotation

PAINTBALL

Description

Paintball is a non – contact team adventure game played on 5 sites set in areas of open land and woodland, where teams aim to beat the opposition by shooting them with ‘paintballs’, which are bio degradable balls filled with vegetable dye, or complete the task set by the marshals. The woodland is scattered with piles of wood, an old land rover, sand bags, large trees etc. which act as protection against being shot, and is divided into playing areas, with a ‘dead base’ providing a safe area where no shooting is allowed, and where participants may retire having been shot, or out of choice at any stage. The event is closely supervised at a ratio of 1 supervisor per 10 players. The number of supervisors is increased for junior events.

For easy communication, all staff either have a mobile phone or radio with them at all times. One member of staff always remains in the base camp in case of an emergency. A tanyo system is provided and this covers the whole area. The tanyo is operated from the base cabin. Sites are selected according to the ground conditions, weather, age of players and numbers.

The maximum number of players in any one game is 70.

Visitors are given a brief on gun use and safety by a trained / qualified member of staff in a briefing area. The importance of eye protection is stressed. Information is given regarding shooting distances and rules are explained relating to point blank shooting. A member of staff explains the gun instructions and then takes participants through to the area where the guns are kept. At this point participants are required to wear their masks and a sign is displayed to this effect.

Guns are calibrated as required and cylinders are degassed at the end of the day.

Machinery / Equipment Provided

The paintball guns are powered by liquid carbon dioxide and the balls are held in a canister attached to the top of the gun. The balls themselves are made of a gelatine shell containing vegetable dye, both of which are non-hazardous. Safety catches are provided on all guns and should always be in place, other than during the game. The maximum range of the guns is approximately 70 – 80 yards.

Players are not allowed to use their own equipment on the premises, including paintballs.

The business follows safety advice provided by the paintball equipment suppliers.

The terrain is regularly inspected and any hazards eliminated where possible. Where this is not possible, an alternative site would be used.

Personal Protective Equipment Provided

All players are provided with cotton padded camouflage trousers and jackets, a mask providing ear, face and temple protection and a snood which is worn under the mask to protect the throat, ears and forehead.

Snoods, trousers and jackets are washed after each use. Masks are cleaned after use. Anti fog masks are provided although information is

given to participants in case their masks steam up. Participants are requested at time of booking to wear sensible footwear with good grip and ankle protection.

Safety Rules Communicated to Participants

The following rules are clearly communicated to players before the game begins, along with the objectives of the game, and they sign to confirm understanding and compliance:-

After the rules have been communicated all players are given the opportunity to return to the main Heatherton site for a full refund if they feel they no longer want to play.

Goggles must be worn in the proper manner at all times, once leaving the base.

A mercy rule is always in operation, and no player is allowed to shoot any other player from less than 15 foot.

There should no intentional / deliberate shooting of other players on the head or neck areas.

No paintballs are to be fired in the designated safe areas.

Safety catches must be in place, except when in the playing areas, and a player is actively involved in the game.

No climbing trees, cutting down vegetation or harming wildlife is permitted.

Players are not allowed to climb into or on top of the land rovers.

Players are not allowed to move any of the barriers.

Players are advised not to jump over or onto any barrier / object without first looking to see if it is safe to do so.

Players are advised to proceed with caution at all times and it is preferable to walk around the site rather than run.

All participants under the age of 18, have to have parental / guardian consent before they are allowed to play.

Further Information

The business follows the guidelines set out by the National Paintballing Sports Federation.

Before any paintball events are undertaken, participants are required to provide their name, age and address details, and to sign a disclaimer form, which confirms that they understand, amongst other things:-

The events are physically and mentally intense and may require extreme exertion.

The game can be dangerous if not played in accordance with the safety rules, which have been read and understood.

That there is the possibility of injury to themselves or others.

And also to confirm their agreement that:-

They are aware of the risks to themselves and others, and those they will abide by the rules.

That they are physically fit and mentally able to understand the rules and to take the exertion and strain involved with the game.

That they will comply with all safety instructions and use the equipment as shown. Will abide by any instructions given by the marshals and will wear all protective equipment correctly.

CUSTOMERS AND STAFF

RISK PREVENTION

Bruising Appropriate instruction

Sprains / broken bones Supervision

Slipping / falling over Appropriate PPE

Strict rules

Confrontation Competent staff

January 2006 new masks have been provided which improve protection around the neck and forehead. The new improvements in the masks should also considerably reduce the risk of the mask steaming up and greatly reduce the risk of participants having to remove their masks during a game in order to clean them.

HORSE RIDING

Description

A sign is displayed at the entrance to the stables detailing the licence holders name, address and telephone number in accordance with the Riding Establishments Act 1964 & 1970.

Visitors are taken to the site by mini bus from Heatherton, where all bookings are taken.

Rides are structured to individual needs, size, age, experience and capabilities. Environmental conditions are also considered when planning rides.

Riders are given a safety brief before the ride commences.

The rides are escorted at the ratio of 1 instructor for every 6 riders. The instructor / supervisor carries a phone.

Members of the public are not allowed access into the stables or the area where the horses are prepared for activities.

The horses are led out to the yard and riders are given assistance when mounting and dismounting.

Visitors are not allowed to groom the horses. All staff escorts are competent, experienced riders and the ponies are quiet and good natured.

All the ponies / horses are inspected once a year to make sure they are suitable for the job intended.

Manual handling

The manual handling associated with the horses is regular, but involves relatively small

Loads such as feed taken from 25kg bags, wads of hay from small bales, straw for bedding and manure removal.

Manual operations are carried out by able-bodied employees on level ground and over short distances.

Experienced staff handles horses.

There is little use of saddles and similar tack with any significant weight.

Regular manual operations are within the normal capabilities of the existing workforce.

The Highway

There is limited riding on the highway and when possible is restricted to experienced riders only.

Movement of horses across or along the public highway is always undertaken in a prescribed manner as specified in the Highway Code.

The Workplace

Accidents can result from trips and falls, but the risks can be reduced or prevented by good housekeeping. For example, hand tools, wheelbarrows and similar items should always be correctly stored, and hosepipes coiled onto reels and secured to a wall.

Personal Protective Equipment

Protective skullcaps approved to BSEN 1384 are provided for all customers and employees, and are worn when handling or riding horses. They are also checked regularly and replaced when required. A number of pairs of boots are provided. There is some risk to the feet when walking horses, particularly if walking a fractious animal. Protective footwear is always worn; staff are well aware of the risks. The work involves outdoor work in all weathers. Suitable protective clothing has been provided.

BUILDINGS AND YARDS

STABLING

Members of the public are not allowed access into the stables or the area where the horses are prepared for activities.

A mounting block is provided.

Stables are designed to minimise obstructions or any other risks to the horses. The dimensions of the stables provide adequate space for horses, light fittings are out of reach or outside the stable area.

Floor surfaces are true and level.

The stable design and maintenance is good, and risks are felt to be adequately removed or controlled.

DISPOSAL OF WASTE

Solid Manure

The stables are cleared out as required. The manure is taken to the farm to be spread on the land.

CUSTOMERS AND STAFF

RISK PREVENTION

FALLING OFF NOVICE BASED RIDES

HORSES CAN BE SPOOKED BY A NUMBER OF SITUATIONS OUT OF OUR CONTROL, EG, WIND, BRANCHES, BIRDS, PLANES, ANIMALS, SUDDEN UNEXPECTED MOVEMENTS. THIS IS A MAJOR FACTOR IN RIDERS FALLING OFF AND HAS BEEN A MAJOR CONTRIBUTING FACTOR TO WHY WE NOW WILL ONLY DO NOVICE RIDES, WHICH INVOLVE WALKING ONLY, THIS IS NOT A PREVENTION BUT WILL REDUCE THE RISK. A FURTHER DEVELOPMENT IS THAT ALL PARENTS OF CHILDREN UNDER 12YRS OLD ARE ASKED TO GO WITH THEM TO HELP LEAD.

STOOD ON PARENTS/ GUARDIAN TO HELP LEAD

KICKED RIDES CANCELLED IF TOO

**WINDY OR THUNDER
ALLERGIC REACTION 1 INSTRUCTOR TO EVERY 6 RIDERS
FIRST AID TRAINED
MANUAL HANDLING
LIMITED ENTRY TO YARD
REGULAR EQUIPMENT CHECKS**

TRAMPOLINE

INSTRUCTIONS

No more than one person on the trampoline, multiple jumpers increase the risk of injury such as broken head, neck, leg, or back.

No one over 14st should use the trampoline

Do not use the trampoline when the trampoline mat is wet or dirty.

Inspect the trampoline prior to use, any signs of damage then do not use and report to reception.

You should always have someone watch you when using the trampoline.

Do not perform somersaults (flips), as this will increase your chances of landing on your neck

Always try and jump in the centre of the mat. If you find yourself off centre do not jump.

Avoid jumping too high. Make sure you do not jump too long that you become fatigued. Always control your jump.

No shoes

Do not place any objects on the mat

Remove all objects from your pockets before jumping

Be very careful when getting on and off the trampoline. DO NOT mount the trampoline by grasping the frame pad, stepping onto the springs, or by jumping on to the mat. This will increase your chance of getting injured!! DO NOT dismount by jumping off the trampoline. Small children will require help in mounting and dismounting the trampoline safely and correctly.

RISK – ACCIDENT CLASSIFICATION

Mounting and Dismounting – due to improper use

Multiple Jumpers – more than one person on the trampoline at any time will greatly increase the chance of getting injured. Injuries can occur when you lose control, collide with other jumper(s), or land on the springs. Generally, the smallest person on the trampoline will suffer the worst injuries.

Striking the Frame or Springs – When playing on the trampoline, STAY in the centre of the mat. This will reduce the risk of getting injured by landing on the frame or springs. Always make sure the frame pad is covering the frame of the trampoline. DO NOT jump or step onto the frame pad directly since it was not intended to support the weight of a person.

Loss of Control – DO NOT try difficult manoeuvres, or any manoeuvre until you have mastered the simplest task of learning how to jump and stay in the middle of the mat. A controlled jump is considered landing on the same spot that you took off from. If you do lose control when you are jumping, bend your knees sharply when you land and this will allow you to regain control and stop your jump. Trying complicated manoeuvres will increase your risk of getting injured by landing on the frame or springs.

Somersaults (Flips) – DO NOT PERFORM Somersaults of any type (backwards or forwards) on this trampoline. If you make a mistake when trying to perform a somersault, you could land on your head or neck. This will increase your chances of getting your neck or back broken, which could result in death or paralysis.

Maintenance of Trampoline – Always inspect the trampoline before use, any sign of abuse then DO NOT use and please report to reception.
Foreign Objects – DO NOT use the trampoline if there are pets, other people, or any objects underneath the trampoline. This will increase the chance of an injury occurring. DO NOT hold any foreign objects in your hand and DO NOT place any objects on the trampoline while anyone is playing on it.

Weather Conditions – Please be aware of the weather conditions when using the trampoline. If the mat of the trampoline is wet, the jumper could slip and injure him or herself. If it is too windy, jumpers could lose control.

RISK REDUCTION

Safety rules displayed

All users should be supervised by a parent / guardian

Area under trampoline is netted to prevent anyone or any thing from entering the underneath of the trampoline.

A 14st weight restriction applies.

The trampoline can be seen from reception were a member of staff is always present.

Staff are aware of the dangers of trampolining and act if any inappropriate behaviour occurs.

An appropriate mounting / dismounting block is provided so correct entry and exit to and from the trampoline can be observed.

Public Liability Insurance – General

Policy No. BC W80S12218

1. Name of Policyholder Heatherton Country Sports Park Ltd

2. Date of commencement of insurance 23rd February, 2008

3. Date of Expiry of Insurance Noon 23rd February, 2009

4. Business(es) Leisure Park Operators

5. Indemnity Limit

Public Liability £2,500,000

Product Liability £2,500,000

This is to certify that the policyholder is under the above numbered policy, subject to the terms and agreed by the insurer.

**This document does not form as part of the
policy/contract
with NFU Mutual**

It is a summary of the cover in force and full details are found in the policy
**The actual copy of Heatherton's policy can be obtained on the day
of your visit**